

# Wettkampf 63 - 400m Lagen weiblich

## Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Vogelmann, Zoe	2003	SV Nikar Heidelberg	04:58,66 50m: 00:31,39 (00:31,39)   100m: 01:08,88 (00:37,49)   150m: 01:49,97 (00:41,09) 200m: 02:29,36 (00:39,39)   250m: 03:11,08 (00:41,72)   300m: 03:54,61 (00:43,53) 350m: 04:27,71 (00:33,10)   400m: 04:58,66 (00:30,95)
2.	Wazner, Mila	2007	SGR Karlsruhe	05:13,04 50m: 00:31,77 (00:31,77)   100m: 01:10,59 (00:38,82)   150m: 01:48,84 (00:38,25) 200m: 02:26,96 (00:38,12)   250m: 03:13,66 (00:46,70)   300m: 04:01,17 (00:47,51) 350m: 04:37,04 (00:35,87)   400m: 05:13,04 (00:36,00)
3.	Helget, Mira	2009	SGR Karlsruhe	05:17,81 50m: 00:34,10 (00:34,10)   100m: 01:14,34 (00:40,24)   150m: 01:55,07 (00:40,73) 200m: 02:34,65 (00:39,58)   250m: 03:19,46 (00:44,81)   300m: 04:05,91 (00:46,45) 350m: 04:42,53 (00:36,62)   400m: 05:17,81 (00:35,28)
4.	Rutz, Anna	2007	SV Cannstatt	05:24,06 50m: 00:31,32 (00:31,32)   100m: 01:11,55 (00:40,23)   150m: 01:55,65 (00:44,10) 200m: 02:37,54 (00:41,89)   250m: 03:24,56 (00:47,02)   300m: 04:12,09 (00:47,53) 350m: 04:48,39 (00:36,30)   400m: 05:24,06 (00:35,67)
5.	Rosinel, Shirin	2007	SGR Karlsruhe	05:32,74 50m: 00:32,90 (00:32,90)   100m: 01:12,70 (00:39,80)   150m: 01:54,55 (00:41,85) 200m: 02:35,63 (00:41,08)   250m: 03:25,36 (00:49,73)   300m: 04:14,80 (00:49,44) 350m: 04:53,91 (00:39,11)   400m: 05:32,74 (00:38,83)
6.	Bold, Jana	2008	TG Stockach	05:35,37 50m: 00:33,79 (00:33,79)   100m: 01:15,19 (00:41,40)   150m: 01:57,13 (00:41,94) 200m: 02:39,37 (00:42,24)   250m: 03:27,76 (00:48,39)   300m: 04:17,29 (00:49,53) 350m: 04:55,67 (00:38,38)   400m: 05:35,37 (00:39,70)
7.	Zeh, Emilia Sophia	2007	SV Cannstatt	05:38,12 50m: 00:34,83 (00:34,83)   100m: 01:19,40 (00:44,57)   150m: 02:05,10 (00:45,70) 200m: 02:49,72 (00:44,62)   250m: 03:35,41 (00:45,69)   300m: 04:22,54 (00:47,13) 350m: 05:00,77 (00:38,23)   400m: 05:38,12 (00:37,35)
8.	Kühn, Elisa	2008	SV Cannstatt	05:46,58 50m: 00:37,45 (00:37,45)   100m: 01:23,20 (00:45,75)   150m: 02:09,31 (00:46,11) 200m: 02:54,29 (00:44,98)   250m: 03:41,12 (00:46,83)   300m: 04:30,48 (00:49,36) 350m: 05:09,31 (00:38,83)   400m: 05:46,58 (00:37,27)
9.	Laschinsky, Lia	2008	SV Cannstatt	05:58,89 50m: 00:36,80 (00:36,80)   100m: 01:23,47 (00:46,67)   150m: 02:09,66 (00:46,19) 200m: 02:53,97 (00:44,31)   250m: 03:46,25 (00:52,28)   300m: 04:39,06 (00:52,81) 350m: 05:20,53 (00:41,47)   400m: 05:58,89 (00:38,36)
10.	Ball, Lisa	2009	Neckarsulmer Sport-Union	06:07,28 50m: 00:37,72 (00:37,72)   100m: 01:25,47 (00:47,75)   150m: 02:15,29 (00:49,82) 200m: 03:04,48 (00:49,19)   250m: 03:55,30 (00:50,82)   300m: 04:48,83 (00:53,53) 350m: 05:28,42 (00:39,59)   400m: 06:07,28 (00:38,86)

## Junioren 2002/2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Vogelmann, Zoe	2003	SV Nikar Heidelberg	04:58,66 50m: 00:31,39 (00:31,39)   100m: 01:08,88 (00:37,49)   150m: 01:49,97 (00:41,09) 200m: 02:29,36 (00:39,39)   250m: 03:11,08 (00:41,72)   300m: 03:54,61 (00:43,53) 350m: 04:27,71 (00:33,10)   400m: 04:58,66 (00:30,95)

## Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Wazner, Mila	2007	SGR Karlsruhe	05:13,04 50m: 00:31,77 (00:31,77)   100m: 01:10,59 (00:38,82)   150m: 01:48,84 (00:38,25) 200m: 02:26,96 (00:38,12)   250m: 03:13,66 (00:46,70)   300m: 04:01,17 (00:47,51) 350m: 04:37,04 (00:35,87)   400m: 05:13,04 (00:36,00)

Platz	Schwimmerin	Jg.	Verein	Endzeit
2.	Rutz, Anna	2007	SV Cannstatt	05:24,06
	50m: 00:31,32 (00:31,32)   100m: 01:11,55 (00:40,23)   150m: 01:55,65 (00:44,10)			
	200m: 02:37,54 (00:41,89)   250m: 03:24,56 (00:47,02)   300m: 04:12,09 (00:47,53)			
	350m: 04:48,39 (00:36,30)   400m: 05:24,06 (00:35,67)			
3.	Rosinel, Shirin	2007	SGR Karlsruhe	05:32,74
	50m: 00:32,90 (00:32,90)   100m: 01:12,70 (00:39,80)   150m: 01:54,55 (00:41,85)			
	200m: 02:35,63 (00:41,08)   250m: 03:25,36 (00:49,73)   300m: 04:14,80 (00:49,44)			
	350m: 04:53,91 (00:39,11)   400m: 05:32,74 (00:38,83)			
4.	Zeh, Emilia Sophia	2007	SV Cannstatt	05:38,12
	50m: 00:34,83 (00:34,83)   100m: 01:19,40 (00:44,57)   150m: 02:05,10 (00:45,70)			
	200m: 02:49,72 (00:44,62)   250m: 03:35,41 (00:45,69)   300m: 04:22,54 (00:47,13)			
	350m: 05:00,77 (00:38,23)   400m: 05:38,12 (00:37,35)			

## Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Bold, Jana	2008	TG Stockach	05:35,37
	50m: 00:33,79 (00:33,79)   100m: 01:15,19 (00:41,40)   150m: 01:57,13 (00:41,94)			
	200m: 02:39,37 (00:42,24)   250m: 03:27,76 (00:48,39)   300m: 04:17,29 (00:49,53)			
	350m: 04:55,67 (00:38,38)   400m: 05:35,37 (00:39,70)			
2.	Kühn, Elisa	2008	SV Cannstatt	05:46,58
	50m: 00:37,45 (00:37,45)   100m: 01:23,20 (00:45,75)   150m: 02:09,31 (00:46,11)			
	200m: 02:54,29 (00:44,98)   250m: 03:41,12 (00:46,83)   300m: 04:30,48 (00:49,36)			
	350m: 05:09,31 (00:38,83)   400m: 05:46,58 (00:37,27)			
3.	Laschinsky, Lia	2008	SV Cannstatt	05:58,89
	50m: 00:36,80 (00:36,80)   100m: 01:23,47 (00:46,67)   150m: 02:09,66 (00:46,19)			
	200m: 02:53,97 (00:44,31)   250m: 03:46,25 (00:52,28)   300m: 04:39,06 (00:52,81)			
	350m: 05:20,53 (00:41,47)   400m: 05:58,89 (00:38,36)			

## Jahrgang 2009

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	Helget, Mira	2009	SGR Karlsruhe	05:17,81
	50m: 00:34,10 (00:34,10)   100m: 01:14,34 (00:40,24)   150m: 01:55,07 (00:40,73)			
	200m: 02:34,65 (00:39,58)   250m: 03:19,46 (00:44,81)   300m: 04:05,91 (00:46,45)			
	350m: 04:42,53 (00:36,62)   400m: 05:17,81 (00:35,28)			
2.	Ball, Lisa	2009	Neckarsulmer Sport-Union	06:07,28
	50m: 00:37,72 (00:37,72)   100m: 01:25,47 (00:47,75)   150m: 02:15,29 (00:49,82)			
	200m: 03:04,48 (00:49,19)   250m: 03:55,30 (00:50,82)   300m: 04:48,83 (00:53,53)			
	350m: 05:28,42 (00:39,59)   400m: 06:07,28 (00:38,86)			