

# Wettkampf 12 - 400m Freistil männlich

## Jahrgang 2011

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>nicht am Start</u>			
	Sporka, Alexander	2011	SV Nikar Heidelberg	

## Jahrgang 2010

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Badischer Jahrgangsmeister 2021				
	Spandau, Lukas	2010	SV Nikar Heidelberg	05:08,23
	50m: 00:34,31 (00:34,31)   100m: 01:12,88 (00:38,57)   150m: 01:51,98 (00:39,10)			
	200m: 02:31,57 (00:39,59)   250m: 03:11,71 (00:40,14)   300m: 03:52,25 (00:40,54)			
	350m: 04:30,39 (00:38,14)   400m: 05:08,23 (00:37,84)			
2.	Scholz, Noah	2010	SV Nikar Heidelberg	05:14,24
	50m: 00:35,34 (00:35,34)   100m: 01:14,42 (00:39,08)   150m: 01:54,82 (00:40,40)			
	200m: 02:34,79 (00:39,97)   250m: 03:15,31 (00:40,52)   300m: 03:56,12 (00:40,81)			
	350m: 04:36,37 (00:40,25)   400m: 05:14,24 (00:37,87)			
3.	Herzenstiel, Jacques	2010	SV Nikar Heidelberg	05:33,97
	50m: 00:35,02 (00:35,02)   100m: 01:15,26 (00:40,24)   150m: 01:56,77 (00:41,51)			
	200m: 02:39,96 (00:43,19)   250m: 03:23,18 (00:43,22)   300m: 04:07,26 (00:44,08)			
	350m: 04:51,28 (00:44,02)   400m: 05:33,97 (00:42,69)			

## Jahrgang 2009

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Badischer Jahrgangsmeister 2021				
	Ernst, Niklas	2009	TV Bühl 1847	05:21,85
	50m: 00:36,01 (00:36,01)   100m: 01:15,49 (00:39,48)   150m: 01:56,36 (00:40,87)			
	200m: 02:37,30 (00:40,94)   250m: 03:18,49 (00:41,19)   300m: 04:00,43 (00:41,94)			
	350m: 04:41,94 (00:41,51)   400m: 05:21,85 (00:39,91)			
2.	Shushkin, Stepan	2009	VW Mannheim	06:21,92
	50m: 00:40,49 (00:40,49)   100m: 01:28,30 (00:47,81)   150m: 02:17,52 (00:49,22)			
	200m: 03:08,07 (00:50,55)   250m: 03:58,16 (00:50,09)   300m: 04:49,34 (00:51,18)			
	350m: 05:38,18 (00:48,84)   400m: 06:21,92 (00:43,74)			

## Jahrgang 2008

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Badischer Jahrgangsmeister 2021				
	Wenig, Jakob	2008	SGR Karlsruhe	04:43,30
	50m: 00:31,62 (00:31,62)   100m: 01:08,10 (00:36,48)   150m: 01:44,48 (00:36,38)			
	200m: 02:20,71 (00:36,23)   250m: 02:56,64 (00:35,93)   300m: 03:33,57 (00:36,93)			
	350m: 04:09,11 (00:35,54)   400m: 04:43,30 (00:34,19)			
2.	Telser, Max	2008	SV Nikar Heidelberg	05:05,81
	50m: 00:34,80 (00:34,80)   100m: 01:14,05 (00:39,25)   150m: 01:52,44 (00:38,39)			
	200m: 02:30,98 (00:38,54)   250m: 03:09,55 (00:38,57)   300m: 03:48,84 (00:39,29)			
	350m: 04:27,45 (00:38,61)   400m: 05:05,81 (00:38,36)			